

# All Sport Camp Day Example

*Times listed are not exact*

## Early Bird

7:30 am	<b>Organized Free Play</b>
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## Regular Hours

9:00 am	<b>Rules Overview &amp; Groups Created (if possible)</b>
9:20 am	Activity # 1
10:00 am	<b>Snack Break # 1</b>
10:40 am	Activity # 2
11:20 am	Activity # 3
12:00 pm	<b>Lunch Break</b>
12:50 pm	Movie & Board Games
2:15 pm	<b>Snack Break # 2</b>
3:00 pm	Activity # 4

## Happy Hour

4:00 pm	Activity # 5
5:00 pm	<b>Organized Free Play</b>
6:00 pm	Camp Over

## Activities

*This is a list of possible activities to be played. Many different versions and games will be played within each activity.*

- Basketball
- Volleyball
- Soccer
- Futsal
- Handball
- Dodgeball