

Fieldhouse U Training FAQ

- **What is Fieldhouse U Training?**

This is a specialized training program provided by *FieldhouseUSA*. The training sessions are offered year round and are bundled into specific training dates and prices. The programs are similar to a practice, where you will develop your technique and skill. You will not be placed on a team and compete against other teams. If you are interested in that then please visit our youth sports page.

- **Can I sign up after the training sessions have begun?**

Yes. You can sign up for a training program at any time. Prorating begins at the 3rd week of sessions. However, you can only sign up for the current training program dates.

EXAMPLE: Training program is 8 weeks. You are wanting to join at the 5 week mark. You can only attend training for the remaining 4 weeks (week 5, 6, 7 and 8).

- **Am I able to try out a training program before I pay for it?**

No. To attend a training session you must first pay for the training program in full.

- **Something came up in my schedule and I am no longer able to attend the training program I signed up for, (1) can I get a refund or (2) can I put my payment towards the next training program or league?**

(1) Training programs are non-refundable. Refunds are based only on the cancellation of sessions by *FieldhouseUSA*.

(2) Payment cannot be carried over to another league or future training program.

- **What do I wear to training?**

Some training programs require a training kit and some do not. Please visit the training page you are interested in to see what training kit is required.

- **What do I need to bring to training?**

Each participant needs to bring their own ball to their desired training program. Players are also welcome to bring a bottle of water to training.