



Winter Flag Football 2022 Coaches Meeting Notes

1. Introduction:

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2. Paperwork:

- **Team Conflict & Division Request Forms due no later than **Wednesday, November 16th**.**
 - Team Conflict Form:
 - Form needed when whole/majority of team cannot make a specific dates/day.
 - Form is **NOT** intended for when 1 or 2 players cannot attend specific dates/day.
 - Cannot guarantee full weeks off.
 - Need to know times that you cannot make on specific days.
 - We will play games on Mondays, Tuesday, & Wednesdays (Possible Thursday games).
 - Game start times will be: 5:30pm, 6:30pm, 7:30pm, and 8:30pm.
 - Game Move Request Form:
 - Game move request form is needed once game schedule is released and a specific game on the schedule presents a conflict for your team causing the team to forfeit.
 - Game Move Request form must be submitted 1 week prior to their original scheduled game date.
 - Both teams must agree upon time proposed by director.
 - Turn in completed form ASAP if you have a game on your schedule that presents a conflict.

3. Rosters:

- All information boxes need to be filled out if players are new/never played at FieldhouseUSA
- Please contact all players on roster within 48 hours of receiving team roster.
 - Call/email them
- You may add players to teams thru the 3rd week of season. Final day to add players is **Sunday, January, 1st, 2023.**
- **Rosters are the coach's responsibility to make sure correct.**
- Players can only play on one team per age group – NO exceptions.

4. Forfeits:

- A team must have a minimum of 5 players (1st/2nd – 5th/6th grade) and 1 coach in order to start the game.



- Forfeited games will not be rescheduled.

5. Game Time:

- A Game consists of two (2) twenty (20) minute halves. Running clock except for last minute of each half.
- Clock only stops for incompleteness, out of bounds or timeout during the last minute of each half.
- **Each team is allowed two (2) forty-five (45) second timeouts per half and one (1) forty-five (45) second time out in overtime.**
 - **Time outs do not carry over to the 2nd half or over from regulation into overtime.**

6. Overtime:

- If the score is tied at the end of the game, teams move directly into overtime.
- Coin flip determines start of overtime. Ball is placed at midfield.
- Team has 4 plays to score.
 - Teams can ONLY PASS THE BALL DURING OVERTIME (Zero Scrambling) to score.
- If the game is still tied after the first overtime, each team will have four (4) plays total to move the ball as far down the field as possible. If both teams score this will be repeated until one team wins.

7. Game Schedule:

- **Game Schedule will be released no later than Monday, November 28th**
- Games will begin the week of December 5th.
- Teams will be scheduled 8 regular season games.
 - Top 4 teams will qualify for playoffs.
- Games can be played on Monday, Tuesday & Wednesday during the week (potential Thursday games).
 - Weeknights – games will begin at 5:30pm, 6:30pm, 7:30pm or 8:30pm.

8. Uniforms: (Appearances)

- Teams must provide their own jerseys
- Jerseys must be same color
- Only a unique number on the back is required (00 – 99)
- Preferred reversible jerseys (light & dark)

9. Flag Belts:

- FieldhouseUSA will provide the Flag Belts for play to all teams.



10. Posted Scores.

- Scores will be posted online at the end of every night online.
- It is the responsibility of each coach to check the scores online and notify the director if a score is not correct.
- Every age group has a maximum **point differential of 21 points** when we input the scores.
- At the conclusion of the season, all scores will stand.

11. Referees:

- Always approach referees with respect.
- Issues – Ask the staff to observe the game so that I can relay any information to the assignor.
 - Feel free to leave a report with the front desk, good and/or bad.
- Nothing can be done during the game for call or score changes. The site coordinator is there ONLY to observe and take notes to pass along to official assignor & ref supervisors.

12. Game Rules:

- The league rules will be posted on our website under the Flag Football section.

13. General FieldhouseUSA Facility Rules:

- No outside food or drink in the facility (sport drinks/waters are good for players to bring in)
- No outside coolers
- Please hold ALL basketballs, volleyballs, soccer balls, footballs, etc. in the lobby and do not bounce or throw them against the wall while inside the facility.
- Clean up team benches after each game and practice.
- **NO CLEATS** are allowed on the indoor turf.

14. Coaches ID:

- Coaches must have a valid Coaches ID to be on the sideline during games.
- Coaches must always wear the ID during the game.
- Only coaches with badges allowed on the bench during games.
- All Coaches MUST be listed on the team roster prior to coaching.