



# Spring Basketball 2024 Coaches Meeting Notes

## 1. Introduction:

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## 2. Paperwork:

- **Team Conflict, Division & Practice Forms due no later than Friday, February 16<sup>th</sup>**
  - Team Conflict Form:
    - Form needed when whole/majority of team cannot make a specific dates/day.
    - Form is **NOT** intended for when 1 or 2 players cannot attend specific dates/day.
    - Cannot guarantee full weekends off.
    - Cannot guarantee no Sunday games all season.
    - Need to know times that you cannot make on specific days (Example: Saturdays 8:00am to 10:30am)
  - Division Request:
    - Select division where you believe your team best fits
    - We use past playing history/records along with coach request to place teams in divisions
    - FieldhouseUSA has final say in divisions
  - Practice Request Form:
    - Please provide 3 options that work for your team.
    - Practices begin at the top of each hour
      - 4pm, 5pm, 6pm, 7pm, 8pm, & 9pm
    - Practices are 50 minutes
    - Each team receives a weekly half court for practice.
  - Game Move Request Form:
    - Game move request form is needed once game schedule is released and a specific game on the schedule presents a conflict for your team causing the team to forfeit.
    - Games must be moved 1 week prior to their original scheduled game date.
    - Both teams must agree upon time proposed by director.
    - Turn in completed form ASAP if you have a game on your schedule that presents a conflict.



### **3. Rosters:**

- All information boxes need to be filled out if players are new/never played at FieldhouseUSA
- Please contact all players on roster within 48 hours of receiving team roster.
  - Call/email them
- You may add players to teams until 3<sup>rd</sup> week of season. Final day to add players is **Sunday, March 31<sup>st</sup>, 2023.**
- **Rosters are the coach's responsibility to make sure correct.**
- **Players can only play on one team per grade level – NO exceptions**

### **4. Practice Schedule/Practices:**

- **Practice Schedule will be released no later than Friday, February 23<sup>rd</sup>**
- Scheduled practices will begin the week February 26<sup>th</sup>
- Each team will receive a weekly 50-minute, half-court practice
- No practices are scheduled the following weeks
  - Week of 3/25/24 – 3/29/24.
  - Week of 4/22/24 – 4/26/24.
- Practice preference – priority goes from youngest to oldest (grade-wise) when creating league practice schedule.
- Practices start at the top of every hour
  - 4pm, 5pm, 6pm, 7pm, 8pm, & 9pm
- No Practice Teams - Still submit a practice request form indicating you do not need a practice.
- Teams will not be placed practice schedule if you do not turn in a practice request form.
- **6<sup>th</sup> Grade & Above** will likely only have 5:00pm and 9:00pm practice times based off the number of younger teams registered.
- 4:00pm practices will be upgraded to a full court practice. First come first serve based on availability.

### **5. Game Schedule/Games:**

- **Game Schedule will be released no later than Tuesday, February 27<sup>th</sup>.**
- Games will begin the weekend of March 1<sup>st</sup>.
- Games will end the weekend of May 10<sup>th</sup>.
- We will **NOT** play games on the following dates this Spring 2024 Season:
  - 3/8/24 – 3/10/24
  - 3/30/24 – 3/31/24
  - 4/19/24 – 4/21/24
  - 4/27/24 – 4/28/24
  - 5/11/24 – 5/12/24



- Teams will be scheduled 8 regular season games
  - NO POSTSEASON TOURNAMENT
- Majority of games will be played on Friday, Saturday, or Sunday. Exception 2 weeks of weekday games (week of 3/25/24 & week of 4/22/24)
  - Monday - Friday – earliest start 6:00pm
  - Saturday – earliest start 8:00am
  - Sunday – earliest start 11:00am

## **6. Ball Size:**

- Game ball will be provided by the home team
  - Kindergarten - 3<sup>rd</sup> grade; Junior Ball (27.50)
  - 4<sup>th</sup> - 5<sup>th</sup> grade boys; 28.5 ball (Girls/Intermediate Ball)
  - 6<sup>th</sup> grade boys & above; 29.5 ball (Official Ball)
  - 4<sup>th</sup> grade girls & above; 28.5 Ball (Girls/Intermediate Ball)

## **7. Playing Time Rules**

- Kindergarten - 2<sup>nd</sup> Grade:
  - (4) 10-minute quarters; running clock (stop clock last 2 minutes of 2<sup>nd</sup> & 4<sup>th</sup> quarter)
  - 50% of each half (20 minutes total for entire game)
- 3<sup>rd</sup> - 12<sup>th</sup> Grade:
  - (4) 10-minute quarters; running clock (stop clock last 2 minutes of 2<sup>nd</sup> & 4<sup>th</sup> quarter)
  - 25% of each half (10 minutes total for entire game)

## **8. Free Throw Line**

- Kindergarten-1<sup>st</sup> Grade
  - From the line closest to the basket
- 2<sup>nd</sup>-3<sup>rd</sup> Grade
  - From the hash in front of the free throw line
- 4<sup>th</sup>-12<sup>th</sup> Grade
  - Regular free throw line

## **9. Pressing Rules**

- Kindergarten-2<sup>nd</sup> Grade
  - No backcourt defensive pressure
  - No pressure until offensive team makes initial penetration over THE RED LINE
  - Once ball control has been established on a rebound, the defensive team must release.
- 3<sup>rd</sup> Grade
  - No backcourt defensive pressure



- Once ball control has been established on a rebound, the defensive team must release. No pressure until ball has passed half court.
- 4<sup>th</sup> Grade - 5<sup>th</sup> Grade
  - First Half
    - No backcourt defensive pressure
    - Once ball control has been established on a rebound, the defensive team must release. No pressure until ball has passed half court.
  - Second Half
    - Full court pressure is permitted in 2<sup>nd</sup> half, unless team is up by 15 points or more
- 6<sup>th</sup> Grade - 12<sup>th</sup> Grade
  - Full court pressure is permitted the entire game, unless team is up by 15 points or more

## **10. Uniforms: (Appearances)**

- Teams must provide their own jerseys
- Jerseys must be same color
- Only a unique number on the back is required (00 – 99)
- If there are duplicate numbers on the same team, game will start with a bench technical (Shoot 2 FT, and the ball)
- Preferred reversible jerseys (light & dark)

## **11. Posted Scores**

- Scores will be posted online at the end of every night
- It is the responsibility of each coach to check the scores online and notify the director if a score is not correct
- Every age group has a maximum **point differential of 15 points** when we input the scores
- At the conclusion of the season, all scores will stand that were not reported to be incorrect by the last game of the season.

## **12. Referees:**

- They will make mistakes. We are providing training to help educate and make them better referees.
- Approach referees and timekeepers with respect at all times
- Issues - ask front desk for an incident report; if serious ask for site coordinator
- Nothing can be done during the game for call or score changes. The site coordinator is there to ONLY observe and take notes to pass along to official assignor & ref supervisors



- We have referee supervisors on site. Ask from them to come watch and observe the officiating if you feel the officiating is not on par. They provide feedback on our refs to our official assignor and can answer questions on basketball rules.

### **13. General FieldhouseUSA Facility Rules:**

- No outside food or drink in the facility (sport drinks/waters ok for players to bring in)
- No outside coolers
- No bleachers in the facility, personal chairs are allowed to be brought in.
- Please hold ALL basketballs, volleyballs, soccer balls, footballs, etc. in the lobby and do not bounce or throw them against the wall while inside the facility.
- Clean up team benches after each game and practice.

### **14. Coaches Badges:**

- Coaches must have a coaching badge while on the sideline during games
- Coaches badge must be visible for officials and staff to see
- Only 2 coaches with badges allowed on the bench during games.