



Volleyball Fall 2025 Coaches Meeting

1. Introduction:

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Sports Director

2. Paperwork:

- **Team Conflict, Division & Practice Forms due no later than Wednesday, August 20th.**
 - Team Conflict Form:
 - Form needed when whole/majority of team cannot make a specific dates/day.
 - Form is **NOT** intended for when 1 or 2 players cannot attend specific dates/day.
 - Cannot guarantee full weekends off.
 - Cannot guarantee no Sunday games all season.
 - Need to know times that you cannot make on specific days (Example: Saturdays 8:00am to 10:30am)
 - Division Request:
 - Select division where you believe your team best fits
 - We use past playing history/records along with coach request to place teams in divisions
 - FieldhouseUSA has final say in divisions
 - Practice Request Form:
 - Please provide 3 options that work for your team.
 - Practices begin at the top of each hour
 - 4pm, 5pm, 6pm, 7pm, 8pm, & 9pm
 - Practices are 50 minutes
 - Each team receives a full court for practice on the spilt pole system.
 - Game Move Request Form:
 - Game move request form is needed once game schedule is released and a specific game on the schedule presents a conflict for your team causing the team to forfeit.
 - Games must be moved 1 week prior to their original scheduled game date.
 - Both teams must agree upon time proposed by director.
 - Turn in completed form ASAP if you have a game on your schedule that presents a conflict.
 - **You can only turn one of these forms in during the season if we did not meet the conflict request on the team pre-season conflict form.**



3. Rosters:

- All information boxes need to be filled out if players are new/never played at FieldhouseUSA
- Please contact all players on roster within 48 hours of receiving team roster.
 - Call/email them
- You may add players to teams until 3rd week of season. Final day to add players is **Sunday, September 28th, 2024.**
- **Rosters are the coach's responsibility to make sure correct.**
- Players can only play on one team per grade level – NO exceptions

4. Practice Schedule/Practices:

- **Practice Schedule will be released no later than Friday, August 29th**
- Scheduled practices will begin the week September 1st (Labor Day)
- Each team will receive a weekly 50-minute.
- No practices are scheduled the following weeks
 - Week of 9/22/25 to 9/26/25.
- Practice preference – priority goes from youngest to oldest (grade-wise) when creating league practice schedule.
- Practices start at the top of every hour
 - 4pm, 5pm, 6pm, 7pm, 8pm, & 9pm
- No Practice Teams - Still submit a practice request form indicating you do not need a practice.
- Teams will not be placed practice schedule if you do not turn in a practice request form.
- **6th Grade & Above** will likely only have 5:00pm, 8:00pm, and 9:00pm practice times based off the number of younger teams registered.

5. Game Schedule/Games:

- **Game Schedule will be released no later than Friday, August 29th.**
- Games will begin the weekend of September 5th.
- Games will end the weekend of November 2nd.
- Teams will be scheduled 8 regular season games.
- Post Season Tournament:
 - All teams 3rd grade and above will qualify for playoffs
 - **Playoffs will take place November 7th-9th.**
- The majority of games will be played on Friday, Saturday, or Sunday.
 - Monday - Friday – earliest start **5:30pm**
 - Saturday – earliest start **8:00am**
 - Sunday – earliest start **11:00am**



6. FieldhouseUSA Facility Rules:

- **No Outside Food or Drink in the facility**
- Parking
 - Do not block front driveway/entrance
 - Do not park in circle

7. Jerseys:

- **Coaches must fill out the smartsheet if you want uniforms (Form includes players' name and shirt sizes, and color of uniform)**
 - <https://app.smartsheet.com/b/form/f9deaddb9da84322975c18e58cc73c2f>
- Link of the smartsheet has been emailed to you to fill out for your teams jerseys sizes & colors.
- **Final jersey count & sizes will be due on Wednesday, August 20st**

8. Coaches

- Coaches **MUST** always wear their coaches' badge on the sidelines
 - Limit to 2 coaches per sideline
 - Referee will not let game start without badges
 - **Can start getting those on Monday September 1st**

9. Net Heights and Ball Sizes:

- Net Heights
 - 1st/2nd Grade - 6'
 - 3/4th Grade - 6'6"
 - 5/6th Grade – 7'
 - 7/8th Grade – 7'4"
- Ball Sizes/Type
 - 3rd thru 6th Grade – Volley-Lite
 - 5th/6th Competitive & 7th/8th Grade – Leather ball
- Serving Lines
 - 1st & 2nd Grade – 10 feet from net. End line is 20 feet from net.
 - 3rd & 4th Grade – 15 feet from net
 - 5th & 6th Grade Recreational – 20 feet from net
 - 5th/6th Competitive – End Line
 - 7/8th Grade – End Line

10. Playing Time Rules

- Playing Rules
 - Rules can be found online.
 - Teams can start games with 5 players.
 - If a team only has 5 players then any time a team's 6th spot comes up to serve it will be an automatic side out and point for the opposing team.
 - Each team must provide 1 line judge for every game & 1 person to run the scorebook/clock.
 - Players need to play 50% of the game.



Posted Scores

- Scores will be posted online at the end of every night
 - It is the responsibility of each coach to check the scores and notify your correct director if a score is not correct- we will get to it ASAP when informed.